Help us LORD, to be silent
To listen to Your words, spoken so softly that none but the quietest can hear it.

Help us, LORD, to be silent
To listen to each other, properly, and understand each other as we should.

Help us, LORD, to be silent
To listen to the riches of life, not materially, but the richness of growth that happens, all the time, everywhere around us.

Help us, LORD, to be silent
To listen to even the tiniest whisper of a plea for help, and to reach out and give duly what we can.

Help us, LORD, to be silent
To listen to the rustle of wind through the leaves and to find joy within its peace.

Help us, LORD, to be silent
To listen to Your Gospel being preached and to understand, clearly, the meaning behind Your words.

Help us, LORD, to be silent
To listen to the praise of Your people whose love for You compels them to glorify Your holy name.

Help us, LORD, to be silent
To listen to Your Spirit’s voice, to seek out the guilt we hide beneath our ordinary lives, and truly seek forgiveness.

Help us, LORD, to be silent
To listen to the words of wisdom spoken by those who went before us, who loved You, knew You, and laid down their lives for Your sake.

Help us, LORD, to be silent
For there is so much to know, and to learn, and to take joy in, if only we know silence.

Amen

Reflection Question
How hard is it to be truly silent in today’s world?